Training the Facilitator: Forgive For Good

March 27 – 28, 2008 8:00 a.m. – 3:30 p.m. at



Youth Challenge Academy, Kalaeloa, Oahu



The Office of Youth Services (OYS) and Conversation On Forgiveness For Youth (COFFY) are sponsoring a "Training the Facilitator" program by **Fred Luskin, Ph.D., former Director of the Stanford Forgiveness Project.** Participants who sign up for the year-long program will receive free training to learn how to facilitate the Forgive For Good Workshops that have been presented in Hawai'i during the past 3 years. This will be an excellent opportunity to learn from one of the world's foremost authorities on validated research-based forgiveness methods developed by the Stanford Forgiveness Project. The training program will be the first of its kind to be offered by Dr. Luskin and will involve the following activities:

- Attendance at the *Forgive For Good Workshop* on Oahu on Thursday, March 27, 2008 at the Youth Challenge Academy, Power Point Learning Center, Building 19, Shangrila Street, Kalaeloa. Dr. Luskin will conduct the Forgive For Good workshop for participants from the community, while facilitator trainees will observe and participate in breakout groups led by Dr. Luskin's assistant.
- Attendance at the *Training the Facilitator: Forgive for Good* presented by Dr. Luskin on Oahu on Friday, March 28, 2008 at the Youth Challenge Academy.
- Attendance at five 2-hour follow-up sessions held approximately every other month with Dr. Luskin. Trainees will participate in video conferences on their respective islands via site connections arranged by OYS.
- Commitment to present two (2) *Forgive For Good Workshops* with a co-facilitator. There will be opportunities to present the workshop at 3 Oahu high schools during the 2008 -2009 school year in collaboration with The Forgiveness Life Skill Project and the Hawai'i Center for Attitudinal Healing. Facilitator trainees may also present workshops at their agencies for staff development and direct client services.
- Attendance at a *Training the Facilitator Follow-up Workshop* on Oahu in 2009.

Individuals considered Facilitator Trainees should have attended one of the previous *Forgive For Good Workshops* presented by Dr. Luskin in Hawai'i and also should have a strong interest, desire, and commitment to integrate and practice the forgiveness life skill in their professional/personal spheres and the community. Priority for participation in the training program will be given to staff from agencies currently contracted by the State to provide services to youth and their families.

To register for the **Training the Facilitators: Forgive For Good** program, complete the attached application form and **fax by** <u>Friday, March 14, 2008 to (808)</u> 587-5734 attention: Merton. Please contact Merton Chinen at (808) 587-5712 or e-mail <u>mchinen@dhs.hawaii.gov</u> for questions and further information. Enrollment is limited to 20 participants and will be confirmed through email and phone contact.

"Training the Facilitator Program: Forgive For Good" (free)

Initial Program Activity: March 27 - 28, 2008 From 8:00 a.m. - 3:30 p.m. Youth Challenge Academy Power Point Learning Center, Building 19

Name:		
Agency:		
Address:		
Position:	Program:	
Phone:	Fax:	
Email:		
Date completed Forgive For Good Work	kshop:	

*Please provide a statement below regarding your interest in participating in the *Training the Facilitator Program: Forgive for Good*. Include information about why and how you believe the forgiveness life skill can play a role in improving outcomes for youth and families in your community. Also share your thoughts about specific potential applications of the presenting the *Forgive For Good Workshop* in your professional domains, including staff development, direct client services, community outreach, coalition building, etc.